

# KTRA NEWSLETTER

January 2011



Volume 1, Issue 3

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### October Campout

This year's October camp-out was combined with the Proud Lake Circle Ride on Sunday.

With camping on Friday night and Saturday night, trail riding, musicians, a great bring-a-dish, and the Circle Ride, the inclement weather was just a small inconvenience.

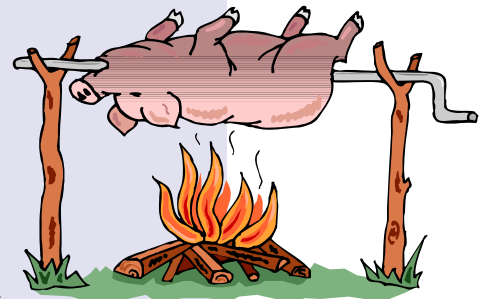
KTRA sponsored a breakfast on Saturday morning, cooked to perfection by Bill Gunn.

In the future, we are asking that if you want us to reserve a spot for you to camp, that you pay for

that spot in advance. At two weeks out we will no longer hold spots and will instead begin to draw on the wait list.

Please see the Upcoming Events on page two for the dates for the Spring campout.

Just as a little preview .... The May campout will have an Orienteering course on Saturday and a Pig Roast on Saturday night. Even if you can't make the whole campout, please come for the Orienteering—it will be a lot of fun.



**HOPE TO SEE YOU THERE!**

**For more information and reservations contact Judy Seifried at 734-891-2788 or by email at: karmajames509@hotmail.com**

### KTRA Board of Directors:

- Judy Seifried, Chair
- Sandy Navetta, Vice Chair
- Kim Liebowitz, Treasurer
- Keria Rossin, Secretary
- Sandi Barnes
- Joanne George
- Bill Gunn
- Jeanie Kelleher
- Beth Kelly
- Rendy Kondrath
- Lisa Long
- Patti Perushak
- Carrie Tokarczyk

**If you would like to contact the Board, please email or phone Judy Seifried: karmajames509@hotmail.com 734-891-2788**

### Thanksgiving/Christmas Parade

This year we had 16 riders, 3 carts and 10 support staff. As always, we were one of the crowd's favorites. There was a good turnout, despite the cold.

As a member of KTRA, we hope that one day you and your horse will come out and join us at our parades. We would love to ride with you.



This coming year we will participate in the Fourth of July Parade and the Thanksgiving/Christmas parade.

We will not be participating in the Memorial Day parade this year.

Please see the Upcoming Events on page two for dates.



## KTRA Newsletter

### **Winter Trail Tips:**

**Adjust the Workload:** When riding in the snow remember that it is harder work for the horse. Plan your time in the saddle and your speed accordingly.

**Slow Down:** Plan to school or work at a slower pace so your horse does not sweat as much.

**A Wet Horse Can Get Cold:** Plan extra time to cool down.

**Keep Muscles Warm:** If your horse is used to being stabled and blanketed consider using a 'rump rug' or 'quarter sheet' to keep his muscles from getting chilled while riding.

**Dress in Layers:** Dress yourself in layers that can be removed easily if you get warm while working your horse.

**Wear Safe Boots:** You may want to wear warmer boots while riding in the winter. Be sure they are not so bulky as to get wedged into your stirrups. They should still slide out easily if you take a spill.

**Prevent Snowballs:** If snowballs form in hooves while you ride, give the bottom of hooves a coating of petroleum jelly.

**Avoid Hazards:** When riding out, make sure you stay away from areas where holes, branches, poles or other hazards might be hidden under the snow.

**Warm the Bit:** A frosty cold bit can be uncomfortable for your horse. Keep bridles in the house, warm the bit with your hands, or put a warm (not hot) gel pack around the bit before putting it in your horse's mouth.

**Bring a Snack:** Pack a granola bar and a vacuum flask of hot cider or chocolate to warm you up after your ride. Working hard in cold dry weather can be dehydrating. Pack along a bottle of water or sport drink too.

### **We're on the Web at:**

[www.kensingtontrailriders.org](http://www.kensingtontrailriders.org)

### **Upcoming Events:**

March 22—KTRA Board Meeting, 6:30 PM, Kensington Farm Center

March 26—Annual Square Dance, Lazy J Ranch, Milford

May 20-22—Spring Campout, Orienteering Event and Pig Roast

July 4— July 4th Parade  
Sept 30-Oct 2—Fall Campout and Proud Lake Circle Ride

Nov 26—Thanksgiving/Christmas Parade.



### **Election of Officers**

At a recent meeting, the Board of Directors voted to reduce the number of board members from 13 to 11. Very soon you will be receiving an email to vote for this year's slate. With five board members leaving (Sandy Navetta, Rendy Kondrath, Joanne George, Lisa Long, and Sandi Barnes) and the reduction of the board by two members, we have three new board members seeking election: Bruce Darr, Debbie Cavallaro, and Ken Peltier.

Additionally, there are two board members

seeking reelection: Carrie Tokarczyk and Keria Rossin.

With the departure of Sandy Navetta, our current vice president, Kim Liebowitz will step in to fill that spot on the board.

We would like to take a moment to thank our departing board members for their invaluable service over the years. Some of them have been with us from the beginning and all have spent a great deal of time and energy shaping KTRA

into the great club it is now. They will be missed!



### **Square Dance**

This year's Annual Banquet will be held on March 26 at the Lazy J Ranch on South Hickory Ridge Road in Milford. There will be a Square Dance Caller, lots of room to dance, and light refreshments. Please keep a lookout for details on how to register.